President’s Message

Misty Lay

What happened to winter? Where is the snow? More importantly, who needs a snow day? I know everyone is feeling the crunch that comes this time of year. I hope you are taking time to care for yourselves as the demands of our jobs have left many stretched to the limit. As a colleague of mine keeps reminding me, “When you're head is under water, it doesn’t matter how much more water they pour into the pool.”

Last fall, Beth, Diane, and I traveled to Ft. Lauderdale for the NASP Southeast Leadership meeting. I am sure Ft. Lauderdale in October is usually fabulous, but we were met with the remnants of a hurricane, which entailed torrential rain that made sidewalks wet and slippery. I’ll spare you the unpleasant details but I can still feel a notch in the back of my head where my head slammed into the pavement. I received a wonderful neuropsych screening on-site by two of the best school psychologists I know. On a less scary note, we met with NASP delegates, NASP leaders, and state leadership teams to continue working on strategies to promote the NASP Practice Model at the state and district levels. This is not an easy task, especially within the current status of tight budgets and politics. We are all asked to do more with less. Being the worrier that I am, I admit that I am troubled by the number of unpaid internships Kentucky has had this year. Are we going to lose our students to states where they can find a paid internship? Kentucky’s training programs are incredible; what a loss it would be to lose our young professionals. I worry about our “seasoned” school psychologists who are nearing or have reached burnout status and might be seeking an alternate career. KAPS must rally together, for each other and for the sake of our profession.

There are many things KAPS is continuing to work on this year and with this I would like to acknowledge the work of the KAPS Executive Council. Your service to this organization means so much to many. The EC met in December and discussed the possibility of providing a consistent SLD method for school psychologists to use, integrating RTI. Work has begun, and we hope to have training modules developed for districts by summer. It won’t be a mandate, of course, but is intended to be an option that’s supported by research. In addition, the officers and region reps completed a careful analysis of the Legislative Research Commission’s document, Appropriate Identification and Service of Students With Disabilities in Kentucky: Special Education Eligibility, Funding, and Personnel Training. We are gathering more information about the audit and anticipate being able to use the document in our advocacy efforts.

As the deadline looms for me to get this entry to the newsletter editor, I leave you with this. I challenge you to think about how you represent the field school psychology? How do you define yourself as a school psychologist? What is your professional identity? Do your answers to those questions align? Why or why not?

I’ll check in with you later on that.
Take it easy,
-Misty

KAPS Awards Nominations
Each year at the awards luncheon, several KAPS members are honored for their outstanding work. Know someone who is deserving of such recognition? Consider nominating a colleague, or yourself, for a Regional award or a Best Practice award. Nomination forms are included in this edition of the KAPS Review. Nominees must be current members of KAPS, but nominations can come from anyone (school or district administrators, teachers, etc.). All nominations must be submitted by April 30, 2012. Please see the forms for more details.

Let’s celebrate the great work that’s being done across Kentucky!
Each year, the Kentucky Association for Psychology in the Schools (KAPS) is proud to recognize the outstanding work of our members. Below are listed 10 “domains of practice” that outline the skills exhibited by excellent school psychologists. Please review these domains and consider nominating yourself or a colleague for commendable service to children and schools. Nominations need not reflect excellence in only one domain; the ideal nomination will highlight outstanding practice in multiple domains.

All nominees must be current paid KAPS members, as of December 31, 2011. Please provide as much detail as possible in your nomination statement, and return via email (preferred) or mail by April 30.

Email to: diane.herrick@jefferson.kyschools.us
Mail to: Diane Herrick - 443 Helmwood Circle - Mt. Washington, KY 40047
Domains of Practice

- **Data-based decision making and accountability**
  Knowledge of varied models and methods of assessment and data collection for identifying strengths and needs, developing effective services and programs, and measuring progress and outcomes.

- **Consultation and collaboration**
  Knowledge of varied models and strategies for consultation, collaboration, and communication applicable to individuals, families, groups, and systems, and methods to promote effective implementation of services.

- **Interventions and instructional support to develop academic skills**
  Knowledge of biological, cultural, and social influences on academic skills; learning, cognitive, and developmental processes; and evidence-based curricula and instructional strategies.

- **Interventions and mental health services to develop social and life skills**
  Knowledge of biological, cultural, and social influences on behavior and mental health; behavioral and emotional impacts on learning and life skills; and evidence-based strategies to promote social-emotional functioning and mental health.

- **School-wide practices to promote learning**
  Knowledge of school and systems structure, organization, and theory; general and special education; technology resources; and evidence-based school practices that promote learning and mental health.

- **Preventive and responsive services**
  Knowledge of principles and research related to resilience and risk factors in learning and mental health; services in schools and communities to support multi-tiered prevention, and evidence-based strategies for effective crisis response.

- **Family-school collaboration services**
  Knowledge of principles and research related to family systems, strengths, needs, and culture; evidence-based strategies to support family influences on children’s learning and mental health; and strategies to develop collaboration between families and schools.

- **Diversity in development and learning**
  Knowledge of individual differences, abilities, disabilities, and other diverse characteristics; principles and research related to diversity factors for children, families, and schools, including factors related to culture, context, and individual role differences; and evidence-based strategies to enhance services and address potential influences related to diversity.

- **Research and program evaluation**
  Knowledge of research design, statistics, measurement, varied data collection and analysis techniques, and program evaluation sufficient for understanding research and interpreting data in applied settings.

- **Legal, ethical, and professional practice**
  Knowledge of the history and foundations of school psychology; multiple service models and methods; ethical, legal, and professional standards; and other factors related to professional identity and effective practice as school psychologists.
2012 KAPS BEST PRACTICE AWARD NOMINATION

**Please verify that nominee is a current KAPS member.

Name of Nominee: 
Address: 
Email Address: 
Phone Number: 

REASON FOR NOMINATION:

Email to: diane.herrick@jefferson.kyschools.us
Mail to: Diane Herrick - 443 Helmwood Circle - Mt. Washington, KY 40047
## 2012 KAPS REGIONAL BEST PRACTICES AWARD

Each KAPS region selects a Best Practice Award for a KAPS member in their region that best represents school psychology, for any particular reason or for a number of reasons. All nominees must be current paid KAPS members (paid as of December 31, 2011). Please send your regional award nomination to your Regional Representative listed below no later than April 30:

<table>
<thead>
<tr>
<th>Region</th>
<th>Representative</th>
<th>Email Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Western KY Region</td>
<td>Marty Dunham</td>
<td><a href="mailto:marty.dunham@coe.murraystate.edu">marty.dunham@coe.murraystate.edu</a></td>
</tr>
<tr>
<td>Caveland</td>
<td>Michelle Anle</td>
<td><a href="mailto:michelle.ante@simpson.kyschools.us">michelle.ante@simpson.kyschools.us</a></td>
</tr>
<tr>
<td>Jefferson</td>
<td>Meredith Collins</td>
<td><a href="mailto:Meredith.collins@jefferson.kyschools.us">Meredith.collins@jefferson.kyschools.us</a></td>
</tr>
<tr>
<td>OVEC</td>
<td>Megan Sayler</td>
<td><a href="mailto:megan.sayler@bullitt.kyschools.us">megan.sayler@bullitt.kyschools.us</a></td>
</tr>
<tr>
<td>Central KY: Tiffany Martinez</td>
<td></td>
<td><a href="mailto:tiffany.martinez@boyle.kyschools.us">tiffany.martinez@boyle.kyschools.us</a></td>
</tr>
<tr>
<td>Upper Cumberland: Roy Mays</td>
<td></td>
<td><a href="mailto:roy.mays@jackson.kyschools.us">roy.mays@jackson.kyschools.us</a></td>
</tr>
<tr>
<td>Northern KY: Jill Baird</td>
<td></td>
<td><a href="mailto:jill.baird@kenton.kyschools.us">jill.baird@kenton.kyschools.us</a></td>
</tr>
<tr>
<td>Wilderness Trail: April Walters</td>
<td></td>
<td><a href="mailto:april.walters@madison.kyschools.us">april.walters@madison.kyschools.us</a></td>
</tr>
<tr>
<td>Kentucky Valley/Big East: Paul Baker</td>
<td></td>
<td><a href="mailto:paul.baker@martin.kyschools.us">paul.baker@martin.kyschools.us</a></td>
</tr>
<tr>
<td>River Region: Sara Murphy</td>
<td></td>
<td><a href="mailto:sara.murphy@daviess.kyschools.us">sara.murphy@daviess.kyschools.us</a></td>
</tr>
</tbody>
</table>

Name of Nominee: ____________________________  Address: ____________________________  Email Address: ____________________________  Phone Number: ____________________________

**REASON FOR NOMINATION:**

Email to: diane.herrick@jefferson.kyschools.us  
Mail to: Diane Herrick - 443 Helmwood Circle - Mt. Washington, KY 40047
Hello From West Kentucky.

I trust that by now everyone is settled in to the new year and the new semester. I certainly hope that you are successfully meeting your timelines, that your teammates are getting their progress monitoring data to you, and that you are having the time to meet all of your many work and family obligations. More importantly, I hope that you are enjoying your work with the children and teachers of Kentucky.

First, I want to remind you that the 2012 NASP Convention is just around the corner. This year the convention is in Philadelphia, February 21 to 24, at the Marriott Philadelphia Downtown. The Courtyard Marriott Philadelphia Downtown and the Loews Philadelphia are “overflow” hotels directly across the street from the headquarters hotel. Double occupancy rooms are less than $200 per night. Keep in mind that you can only reserve a room at the discounted rate once you have registered for the conference. Convention registration is $269 and includes access to over 1000 peer-reviewed sessions, special and featured sessions, the exhibit hall, and much more. KAPS and I always donate items for the Children’s Auction. Attending this auction is lots of fun and only costs a few dollars. Every year I have donated small batch, top shelf Kentucky bourbons, and every year they auction for far more than I purchased them for. The 2010 Keynote speaker Salome Thomas-El is back for a special session. Our 2012 Keynote speaker is Diane Ravitch, a NCLB proponent turned staunch opponent. Indeed, she has a unique perspective. Although the weak financial situation of the country continues to burden our districts and our families, I encourage you to consider making the convention this year. On a similar note, NASP has 10 reasons/arguments for making the Philadelphia convention that you can present to your DOS:

- Expand your ability to serve as a resource for your school or district.
- Learn new approaches to improving outcomes for students and aligning your services with NCLB objectives.
- Stay abreast of the latest research and evidence-based practices in the field.
- Find out about current developments in federal legislation and policies, such as changes in IDEA and LD identification, and how these affect practice.
- Acquire new strategies to address a specific problem in your school or district.
- Build relationships with other professionals who can be a resource for information and problem-solving ideas throughout the school year.
- Train with leading experts on current issues such as culturally competent assessment, reading interventions, response to intervention, problem solving, violence prevention, and creation of positive school environments.
- Bring back useful information to share with colleagues in your school or district.
- Share ideas and contribute to discussions regarding the role and future of school psychology, such as shortages, funding, training, and emphasis on prevention and problem-solving services.
- Rejuvenate, reenergize, and refocus on your commitment to help students do their best.

Secondly, and on a different note, my two terms as NASP Delegate are coming to a close and I want to take this opportunity to thank you for giving me an opportunity to represent one of the strongest school psychology states in the country. However, I am the West Kentucky representative to KAPS and I will continue to stay involved with KAPS. I am confident that you will elect an incredibly capable, energetic, and effective replacement. The effort and time I put into NASP were far outweighed by my experiences working with the NASP leadership and other delegates across the country. I contributed to revising the training standards, ethical standards, and numerous position statements, and I served on a wide range of committees and boards. During my tenure as delegate, I met many devoted, bright, and innovative school psychologists across the country. Without exception, I always returned to Kentucky professionally invigorated. I encourage you to consider becoming actively involved in KAPS and NASP—I assure you that the returns on your time will be well worth the effort.

I hope the remainder of your school year is productive, as stress-free as possible, and professionally fulfilling. May finicky special education/eligibility Gods smile on your efforts the remainder of this year.

Marty Dunham, KY Delegate to NASP (2006 – 2012)
The School Psychologist's Couch

Cristina Green

The School Psychologist's Couch Website ([http://www.wix.com/ukcat20/schoolpsychologistscouch](http://www.wix.com/ukcat20/schoolpsychologistscouch)) and Blog ([http://schoolpsychologistscouch.blogspot.com/](http://schoolpsychologistscouch.blogspot.com/)) were both developed as a resource for parents, students, teachers, and others interested in helping all students achieve their goals.

Visitors to the website can find an abundance of information related to mental health, child development, special education, school safety, and community contacts, as well as downloadable references and resources. Visitors to the Blog may subscribe by email and are offered daily updates regarding new and highlighted information relevant to students as well as information about upcoming trainings/conferences/webinars. The Blog also houses videos of parent education topics and other resources helpful to educators and parents alike.

Moreover, Twitter is an additional method to receive information as all blog updates are sent as Tweets. You can subscribe @SchPsychCouch.

Feel free to email me at cristina.green@scott.kyschools.us if you have any questions or suggestions!

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**Fall Conference Alert**

Plans for the 2012 KAPS Conference are up and running!

The conference will be held **September 26-28** at the Crowne Plaza Louisville Airport (formerly the Executive West). A renovation of the entire hotel, from guest rooms to meeting spaces, was completed in 2009, and it will suit our needs beautifully.

The theme of the 2012 conference is **Thinking Outside of the Bag**, in reference to expanding our professional skill set beyond the most traditional role of “tester.”

The conference committee is currently seeking proposals for sessions and poster presentations. (Please see the application forms in this issue of the KAPS Review.) If you've attended a presentation elsewhere that you believe would be a good fit for the KAPS conference, please email diane.herrick@jefferson.kyschools.us with your suggestions.
The Kentucky Association for Psychology in the Schools (KAPS) will hold its annual conference at the Crowne Plaza in Louisville, Kentucky on September 26-28, 2012. We would like to invite interested educational and mental health professionals to present their innovative practices and research. Please consider this opportunity to share your knowledge and expertise with an ambitious group of school-based practitioners. Suggested topics include but are not limited to assessment, interventions, counseling, behavior, mental health, school crisis, child development, learning, and education.

If you are interested in presenting a session at this year’s conference, please submit the information below to the address listed at the bottom. The primary presenter will receive a discount on conference registration. Applications must be received no later than June 1st, 2012. Confirmation of presentation approval will be provided by conference planner or designee.

Please print or type information as you wish it to appear in the conference program. Submissions must include the following information:

- Title of Presentation: _______________________________________________________________
- Name of Primary Presenter: _______________________________________________________
- Contact Information: Email: ____________________________ Phone: _____________________
- Home Address: ___________________________________________________________________

Names of Additional Presenters:

#2:___________________________________________________________________________
#3:___________________________________________________________________________
#4:___________________________________________________________________________
#5:___________________________________________________________________________

Presenter Biographies: (Provide a short description of each presenter, such as background and experiences, current employer, etc.): (You may attach additional pages.)
Length of Presentation: (must circle one) 90 minutes 180 minutes

Schedule Preferences: (please circle days which you would be available to present – we will make a reasonable effort to accommodate)

Wednesday  Thursday  Friday

Goal of Presentation: Please indicate how the session will benefit participants

Presentation Abstract (as it will be printed in the conference program): (approximately 50 words)

Audio/Visual Equipment Needs: NOTE: The larger conference rooms will be equipped with handheld or podium microphones. If you utilize a Power Point presentation, you will need to supply the computer equipment. Please let us know which of the following you will need. If not indicated, you will be responsible for providing any items you need at the time of your presentation.

(circle as needed)  LCD projector  screen  TV  VCR  DVD

Please submit to:
Misty Lay
443 Helmwood Circle
Mt. Washington, KY 40047
PHONE (502) 869-8130
FAX (502) 543-3608
misty.lay@bullitt.kyschools.us
The Kentucky Association for Psychology in the Schools (KAPS) will hold its annual conference at the Crowne Plaza in Louisville, Kentucky on September 26-28, 2012. We would like to invite interested educational and mental health professionals to present their innovative practices and research. Please consider this opportunity to share your knowledge and expertise with an ambitious group of school-based practitioners. Suggested topics include but are not limited to assessment, interventions, counseling, behavior, mental health, school crisis, child development, learning, and education.

If you are interested in presenting a POSTER at this year's conference, please submit the information below to the address listed at the bottom. The primary presenter will receive a discount on conference registration. Applications must be received no later than June 1st, 2012. Confirmation of presentation approval will be provided by conference planner or designee.

Please print or type information as you wish it to appear in the conference program. Submissions must include the following information:

**Title of Presentation:** _________________________________________________________________

**Name of Primary Presenter:** __________________________________________________________

**Contact Information:** Email: ___________________________ Phone: ________________________

**Home Address:** ______________________________________________________________________

**Names of Additional Presenters:**

#2:___________________________________________________________________________

#3:___________________________________________________________________________

#4:___________________________________________________________________________

#5:___________________________________________________________________________

**Presenter Biographies:** (Provide a short description of each presenter, such as background and experiences, current employer, etc.): (You may attach additional pages.)
Goal of Presentation: Please indicate how the session will benefit participants

Presentation Abstract (as it will be printed in the conference program):
(approximately 50 words)

Audio/Visual Equipment Needs: NOTE: Due to cost, KAPS will be unable to provide presentation boards, foam boards, pins, or other display boards for your poster presentation. We may be able to provide an easel, upon request.

Please submit to: Misty Lay
443 Helmwood Circle
Mt. Washington, KY 40047
FAX (502) 543-3608
PHONE (502) 869-8130
misty.lay@bullitt.kyschools.us
Identifying Unique Learning Needs: Using Data to Make All Education Special,
Matt Burns, Ph.D.

Session Description:
Dr. Matt Burns is an authority on Response to Intervention (RTI) assessment and intervention strategies. This workshop will provide an overview of assessment and a specific framework for providing effective RTI services for reading and math at Tiers I, II, and III. The workshop will also cover understanding the RTI assessment framework, intervention options, and progress monitoring for both reading and math. Practical case examples will be used to make materials more relevant to all participants.

Learning Objectives: As a result of this workshop, participants will be able to:
1. Discuss the difference between a general outcome measure and a subskill mastery measure, and the appropriate uses of both.
2. Assess an instructional level for reading and math.
3. Implement a small-group intervention system for reading and math.
4. Conduct an in-depth analysis of reading and math skills to determine the appropriate intervention.

Brief Biography: Matthew Burns, Ph.D., is a Professor of Educational Psychology, School Psychology Program Coordinator, and Co-Director of the Minnesota Center for Reading Research at the University of Minnesota in Minneapolis, MN.

Registration Deadline: March 15, 2012
On-site registration will be accepted only if space permits.
Contact Dr. Myers for a Registration Form

For: Teachers, School Psychologists, Administrators, and Clinical Psychologists
Date: Friday, March 30, 2012
Location: Green River Regional Educational Cooperative - 230 Technology Way - Bowling Green

Registration Deadline: March 15, 2012
On-site registration will be accepted only if space permits.
Contact Dr. Myers for a Registration Form

Dr. Carl Myers
Dept. of Psychology
1906 College Heights Blvd. #21030
Western Kentucky University

For information regarding the responsibilities of each position, please consult the KAPS Operations & Procedures Manual located under the KAPS Archives Link of the KAPS website:
http://www.kapsonline.org/KAPSArchives.html